



Medicare Member Newsletter

Measuring Success

Allwell’s most important goal continues to be helping you stay healthy.

One way good healthcare is measured is by obtaining preventive screenings and managing chronic diseases like diabetes and high blood pressure. You will find more information on how we are doing on key health measures in the boxes below.

Goal Met!

You are Doing a Great Job!

CHRONIC CONDITIONS SPECIAL NEEDS POPULATION (C-SNP)

- ◆ Completing your colorectal cancer screening
- ◆ Following up with your doctor after discharging from a hospital for health needs & medication review to help prevent readmission
- ◆ Reduction of hospitalization for preventable conditions

Thank you for taking the necessary steps to achieve many of these goals! One of the most important goals is to complete an annual physical and inform your doctor of any health concerns like falls or bladder issues.

Please continue to schedule tests, get a flu vaccine and complete a Health Risk Assessment (HRA). Also take your medications, eat healthy and get plenty of activity! We want you to feel good and be able to do all the things you enjoy.

Online Accessible Healthy Resources!

Telehealth
Connect 24/7 online at member.teladoc.com/allwell or via phone at 1-800-977-7522 (TTY: 711) with a health care provider for both physical and mental health needs.

Silver & Fit
Find online classes and fitness tracking at www.silverandfit.com.

We Need Your Help!

CHRONIC CONDITIONS SPECIAL NEEDS POPULATION (C-SNP)

- ◆ Annual well visit with your doctor
- ◆ Good blood sugar control for diabetes
- ◆ Completing your mammogram

DUAL ELIGIBLE SPECIAL NEEDS POPULATION (D-SNP)

- ◆ Annual well visit with your doctor
- ◆ Good blood sugar control for diabetes
- ◆ Completing your mammogram
- ◆ Completing your colorectal cancer screening
- ◆ Following up with your doctor after discharging from a hospital for health needs & medication review to help prevent readmission
- ◆ Reduction of hospitalization for preventable conditions

If you have suggestions, or if you would like more information about our Quality Improvement Program, please contact Member Services at the toll-free number on the back of your ID card.